



A LIFEPAK CR Plus, Defibrillator was presented to Amy Williams Heart Beat co-ordinator with the Wellington Free Ambulance, to be installed in the COUNTDOWN SUPERMARKET at Churchill Drive Crofton Downs.

Seen here are Lions, Past President Kit Rollings at left and Bill Wheeler with COUNTDOWN Manager Mike Cundy. The installed Defibrillator can be seen on the wall in the background.

There are 1.4 million Lions Club Members Worldwide located in 208 countries.

Lions Clubs in the community of all 208 countries, spread throughout the world, all have the desire to perform community service, often with many geographic differences. They still all share a common belief that our community is what we make it. Our members are a network of clubs united in helping others, whether it be health, sight, famine, disaster, raising funds all satisfying a need, and it all begins at club level. The Lions Movement was first started by Melvin Jones in America and has grown throughout the world. Religion, race, colour plays no part in welfare consideration in the Lions

movement. Lions is the only Service Club that has connection to, and is recognised by the United Nations. Our aim is to make a difference, help others in need and in doing so bring normality and enjoyment to the lives of many others.

LIONS CLUBS INTERNATIONAL CELEBRATE THEIR CENTENNIAL YEAR IN 2017

100 years ago it was established in Illinois by a man who recognised a need and decided he could do something about it.

To save lives... A Lions Club gift to the community

The Lions Club of Wellington North are delighted to present the Wellington Free Ambulance a LIFEPAK CR Plus Defibrillator for installation in the COUNTDOWN Supermarket at Churchill Drive, Crofton Downs.

There is now the equipment readily available for medical use, should the need arise. The defibrillator is accessible just inside the main door, opposite the service desk. Have a look when you next visit the COUNTDOWN Supermarket in Crofton Downs. It now means the area is well served with such emergency apparatus.

the **dot** closest to your location. It will give you the exact address of a defibrillator closest to your position.

Defibrillators can save lives... familiarise yourself and your family with your nearest location. Remember if a person collapses you first call 111 for an Ambulance.

In a case of any emergency requiring such apparatus, location of a defibrillator can be obtained through the internet. **Google AED** which will allow you to search your region on a map, and **pin point** by focussing on

If you would like to learn more about CPR and the use of a defibrillator in case of an emergency, see the bottom of this page for an evening of instruction. OPERATION HEARTBEAT

Lions Clubs International is a worldwide organisation dedicated to assisting when and where there is a need...

In the case of disaster, tragedy, social and medical need, Lions are to the forefront giving assistance where it is required. Assistance in

such events as Cyclone Winston, the Christchurch Earthquake, LCIF (Lions Clubs International Fund) is there to give support.

The Lions motto is "We Serve"
Where there's a need, there's a Lion.

Interested in becoming a Lion?

The following are your local club contacts to learn more about being a Lion...

JOHNSONVILLE LIONS

Membership 22
PO Box 13 - 123 Johnsonville 6440
President Sandra Gaelic | Ph: 04 478 6827
Email: s.gaelic@gmail.com
CONTACT Secretary: Ralph Gracie,
Email: ralph.gracie@gmail.com
Meet: Monday 1st and 3rd.
Johnsonville Club 6pm

KARORI LIONS

Membership 44
PO Box 17-103 Karori 6147
President Graeme Ching | Ph: 04 476 7510
Email: consultournz@actrix.co.nz
CONTACT Secretary: Beth Anders
Email: bethanders@clear.net.nz
Meet: Wednesday 2nd and 4th.
Karori Park Sports Club 6.30pm

WGTM. NORTH LIONS

Membership 12
PO Box 22188 Khandallah 6441
President Peter Dunshea | Ph: 04 479 5671
Email: s.dunshea@vodafone.co.nz
CONTACT President: Peter Dunshea
Email: pad3@vodafone.co.nz
Meet: Tuesday 1st and 3rd.
Thistle Inn 6pm

TINAKORI LIONS

Membership 16
PO Box 28006 Wellington 6150
President Joanne Innes | Ph: 04 476 6133
Email: joanne_innes@xtra.co.nz
CONTACT Secretary: Jean Marsden
Email: drmarsden@paradise.net.nz
Meet: Thursday 1st and 3rd. Northland
Community Centre 6pm



WHERE THERE'S A NEED, THERE'S A LION

- WE ARE LOCAL, WE ARE GLOBAL
- WE ARE PROUD TO HELP WHERE WE ARE NEEDED
- WE ENJOY GOOD FRIENDSHIPS, SUPPORT AND GIVING BACK

**JOIN US!
CONTACT**

SEE LOCAL CLUBS ABOVE

OR VISIT www.lionsclubs.org.nz



OPERATION HEARTBEAT

is about saving lives...

The **Wellington Free Ambulance**, in conjunction with the **Wellington North Lions Club** are offering an evening of instruction in CPR and the use of a Defibrillator in the event of an emergency. This is an informal opportunity for the public, young and old, to be informed about this life saving technique. Instruction will be given by the Wellington Free Ambulance.

**April 28th, 7.15pm
Khandallah Town Hall**



Gold Coin Donation



**WELLINGTON
FREE AMBULANCE**
kia ora te tangata



Wellington North Lions are involved with Lions Eye Research in a first known worldwide study of KERA-TOCONUS. Keratoconus affects the sight in teenagers and can go undiagnosed for many years. Impaired sight can severely

affect schooling. This Lions research, at present only in the Wellington region, is carried out by a fully equipped vehicle affectionately known as "The Bobmobile". Established in Memory of Lion Bob McIntosh an original trustee of

this research programme. Current Trustees are PDG Sandie McIntosh and Viv and Dave Forrest all Members of the Lions Club of Wellington North. VISION carries a very high Profile in Lions Clubs throughout the world.

Johnsonville Lions Club is a friendly group of men and women from the northern suburbs. Our Club area covers Johnsonville, Churton Park, Glenside, Newlands and Woodridge. The Club was established in March 1967 and has served the local community in many ways since then. While best known currently for the highly public annual Johnsonville Lions Community Christmas Parade we carry out a wide range of activities. Our membership enjoy a variety of activities projects from monthly fundraising barbecues to organising an annual debate between Onslow and Newlands colleges.

We assist community groups by helping with community clean ups and local conservation efforts. We have enjoyed involvement with local school fairs and fundraising for community assets. We recently completed purchase of an \$11,000 Stryker stretcher for our local free ambulance, and have funded a guide dog for the blind. We meet twice-monthly on Monday evenings at the Johnsonville Club for a meal, fellowship and hearing from an interesting guest speaker. Currently we have 24 members and would welcome prospective members from within our area.



Johnsonville Club members assisting a recent joint Lions project with a drinks station for walkers from Wellington to Kapiti.



The Karori Lions Club is a prominent group in the local community with over 45 members (and growing) who meet at Karori Park Café for a dinner meeting twice each month. Our two major fundraising projects are the annual Karori Lions Carnival and Fair and the biennial Karori Lions Super Garden Trail. We also provide hot food and drinks at both winter and summer junior sports fixtures in the local area, thereby raising funds for charitable causes while providing a much needed community service. Over the past few years, proceeds from these and other projects have been donated to Mary Potter Hospice, The Karori Youth

Centre, The Life Flight Trust, Wellington Free Ambulance, Diabetes Wellington, Karori Community Hall Trust, Karori Scouts and other charitable organisations. The Club also arranges sponsorship for disabled youth in the special annual sailing of the Spirit of Adventure Trust "Inspiration Voyage". We are currently working on a project to celebrate the Lions Clubs International Centenary in 2017. In celebration and recognition of Lions Clubs International 100 years of Community Service we plan to build a shelter / multi-use facility within Zealanda for use by school groups and the general public.

Actively participating in community projects is a great way to both serve the community and to meet and socialise with others. If you would like to join our team, please call: Annie Dunlop on (027) 271-4773, or email: annied@paradise.net.nz

Leos are a younger version of Lions but with all the same attributes...

L... is for leadership
E... is for experience
O... is for opportunity



LEO Clubs are for younger Lions Members with an excellent opportunity for youth to be involved in the community. LEOS are well structured and are a great learning vehicle for those who want to do and learn by getting involved in projects to help those who may not be

able to help themselves. It may be, clean-up projects, raising money, supporting Camp Quality and Cancer Kids where ever they see a benefit. LEO clubs are a wonderful learning experience in a structured organisation. Leo Clubs are made up of two



age groups, Alpha, age 12 to 18 years and Omega 18 to 30 years. Some LEO clubs can be affiliated to Colleges such as AOTEA and the one above

recently formed at Chilton St James and inducted at the recent District Convention in Wellington. This new Club was sponsored by the Lower Hutt (Host) Lions Club.

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Locals supporting locals

128 Churchill Drive

Ph: 04 479 8765

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7.30am-6.00pm

Saturday & Sunday:

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Ngaio, Wellington, NZ

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